

# Steamed Korean BBQ Chicken

#### **DESCRIPTION:**

Healthy, delicious, and tender steamed lean chicken, smothered in our new Korean BBQ Sauce! Works great for school lunches!

#### FOOD BASED EQUIVALENCY:

A 2.8 oz serving of Steamed Korean BBQ Chicken provides 2 servings of meat.

#### **HEATING INSTRUCTIONS:**

- Place in a sheet pan and bake at  $350^{\circ}$  for about 15-20 min.
- Mix in hotel pan with sauce (to taste) and serve at  $165^{\circ}$

#### **INGREDIENTS:**

CHICKEN: Chicken Dark Meat, Water, Sugar, Tapioca Starch, Mustard, Salt, Protein Soy Isolate, Caramel Color, Sodium Phosphate, Rosemary Extract.

**SAUCE:** Water, Sugar, Soy Sauce, Starch, Vinegar, Red Miso, Minced Garlic, Hot Pepper Paste, Sesame Oil, Ginger Powder, Garlic Powder, Onion Powder, Sesame Seed, Natural Flavoring, Black Pepper, Red Chili Pepper, Yeast Extract, Caramel Color.

**CONTAINS: WHEAT, SOY** 

NO TRANS FAT NO MSG



**Steamed Chicken & Korean BBQ Sauce** 

## **Nutrition Facts**

Serving Size 2.8oz (79g)

Amount Per Serving				
Calories 95	es 95 Calories from Fat 20			
	% Daily Value*			
Total Fat 2g	3%			
Saturated Fat 0.5g	3%			
Trans Fat 0g				
Cholesterol 40mg	13%			
Sodium 225mg	9%			
Total Carbohydrate	e 7g <b>2</b> %			
Dietary Fiber 0g	0%			
Sugars 6g				
Protein 10a				

Vitamin A 0%	•	<ul> <li>Vitamin C 0%</li> </ul>				
Calcium 0%	•		Iron 4%			
*Percent daily values are based on a 2,000 calorie diet. Your Daily Values may						
be higher or lower depending on your calorie needs:						
	Calories:	2,000	2,500			
Total Fat	Less than	65g	80g			
Sat Fat	Less than	20g	25g			
Cholesterol	Less than	300mg	300 mg			
Sodium	Less than	2,400mg	2,400mg			
Total Carbohydrate		300g	375g			
Dietary Fiber		25g	30g			

I certify this information is true and correct:



John A. Barros

June 21, 2013

V.P. Product Management

\*\*Effective for one year from date signed\*\*

Product Code	Description	U/M	Count	Lbs
H&S: COM - 0115	Steamed Chicken	30 lb	6	42 lbs
1183. COW - 0115	Sauce	12 lb	6	(COMMERCIAL)
H&S: CMDTY - 0114	Steamed Chicken	30 lb	6	42 lbs
11&3: CMD11 - 0114	Sauce	12 lb	6	(COMMODITY)



### Pack Information - 42 lbs

Pack: 6/5 lb. Bags of Chicken & 6/2 lb. Bags of Sauce.

Case Net Wt. (Lbs): 42 lbs Case Gross Wt. (Lbs): 43 lbs Case Dimension: 12 x 12.875 x 10

Case Cube: 1.49 Cases/Pallet Layer: 7 Layers/ Pallet: 6 Cases/ Pallet: 42

**Shelf Life** 

Frozen: 2 years

Refrigerated: 3 days

**Note**: Product not intended to be eaten cold. See Cooking Instructions.